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Stonehaven Cycling Club Members Handbook

Introduction to Stonehaven Cycling Club

Welcome to Stonehaven Cycling Club (SCC). Set up in 2015, the club has quickly become one of the largest cycling clubs in Scotland. Our club jersey is always seen out on the road, whether on a social cafe-ride with friends or in a more competitive environment. It is great to see so many Stonehaven cyclists embracing the “cycling for all” ethos.

During the summer months, the club organizes regular training rides on Wednesday evenings in addition to longer café rides every Sunday morning. During the winter months the weekday evening rides are suspended, however the Sunday morning rides continue all year round.

Additional rides are often organised by club members with details normally posted on our Facebook page.

The club is run by an enthusiastic group of fellow cyclists, if you have any ideas that you think would benefit the club, please catch one of us to discuss it when we are out on the bike.

Whether you are a roadie, love gravel and mud, or just want to socialise, SCC is the club for you.

Club Ethos

Our motto is Cycling for All. SCC caters from beginners to competitive cyclists. During the year we have weekly club rides, and several social and charity rides.

Please come along and join us – everyone is welcome.

Stonehaven Cycling Club Constitution

The SCC Constitution was approved and implemented by the SCC membership at the Club's first AGM held in July 2015. A copy is available by contacting secretary@stonehaven.bike

Communications

To keep up to date with the Club you can follow us on Facebook.

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There are two Facebook pages. One is open to the general public and the second is for club members only. The members only page is used for organising rides and club related discussions. Please contact the club membership secretary if you are a member and would like access.

There is also a members-only Strava group where you can see weekly leaderboards and what other members have been up to! Strava is used for route planning in addition to publicising upcoming rides.

We use the Spond App to organise club rides. To sign up for Spond you need to download the Spond app and then register with the Club at the following link:

<https://group.spond.com/KBWWM>

then once your registration request has been approved, you should see all the ride details in the App.

Finally on the website blog, you will find links to many helpful and interesting videos, such as group riding etiquette and bike maintenance.

SCC Committee

The Committee members are all volunteers and are approved at each AGM. The SCC Committee for 2024-2025 are:

Post	Post Holder	Contact Email
Secretary	Peter Henderson	secretary@stonehaven.bike
Treasurer	Jacqui Gill	treasurer@stonehaven.bike
Membership	Mo Howard	membership@stonehaven.bike
Kit	Pharic Cambell	kit@stonehaven.bike
Coaching/ Development	Andy Hinchcliffe	
Social	Lauren Beeby	

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Communications/ Website	Vacant
Ordinary Members	Donald Ballantyne, Andrew Cooper, Edward Green

Membership Policy

The membership year for SCC is 1st April to 31st March. New members that join the Club after 1st January in any year shall have their membership run into the following year (i.e. 15 months of membership).

The AGM shall be held each year and at the AGM the membership shall approve membership fees for the following year

SCC does not insure members, therefore members are actively encouraged to take out their own insurance. One option is to join British Cycling, which provides insurance as part of British Cycling membership with the level of cover dependent on the British Cycling membership option you choose – see www.britishcycling.co.uk for further details.

Note that SCC membership does not include membership of British Cycling.

The membership secretary of the club can be contacted through membership@stonehaven.bike. The club membership secretary will keep member details up to date so please advise of any changes especially changes to your emergency contact details.

Upon joining the Club, you will be supplied with a Club membership card and ICE tags. It is advisable to carry this card when out on your bike as it will hold your emergency contact name and telephone number. You may also need to show your membership card while claiming Club benefits at various retailers.

Minimum Operating Standards

In order to remain affiliated with Scottish Cycling, it is mandatory that we adopt their Minimum Operating Standards. This means we must have documents in place relating to: Code of Conduct, Wellbeing and Protection, Communications, Data Use, Equality, Disciplinary and Anti-Bullying.

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A copy of each document is available on the Club's website, with a brief summary of each below:

Code of Conduct

We are committed to encouraging the participation, enjoyment and enthusiasm of every member within our Club. To achieve this, we rely heavily on our members to give their time and support in creating a welcoming, safe and fun environment, that promotes inclusivity and diversity.

Club members are asked to always abide by this Code of Conduct.

Wellbeing and Protection

The safeguarding of children is everyone's responsibility, particularly when it comes to protecting children from abuse. Everyone within the Club has a responsibility to ensure the safety of children and young people involved in the sport. The Club will place the needs of the child first and winning and competition second. Our Wellbeing & Protection Officer is PETER HENDERSON.

Communications

We use a range of platforms to communicate with riders. This policy is to ensure that all oral and written communications between participants within the Club and between the Club and external parties are transmitted efficiently, are clear, courteous and constructive, and are dealt with in a prompt and professional manner.

Data Use

We are committed to respecting your privacy. This document explains how we may use personal information we collect before, during and after your membership with us. This document applies to you if you have registered yourself to become or are a member of our Club. It also explains how we comply with the law on data protection, what your rights are and for the purposes of data protection we will be the controller of any of your personal information.

We have not appointed a Data Protection Officer to oversee our compliance with data protection laws (as we are not required to do so), but our Membership Secretary has overall responsibility for data protection compliance in the Club.

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Equality

Stonehaven Cycling Club is fully committed to the principles and active promotion of equality of opportunity. The Club is responsible for ensuring that no member or volunteer receives less favourable treatment on the grounds of a protected characteristic. Protective characteristics are disability, gender reassignment, marriage or civil partnership, pregnancy and maternity, race, religion or belief, sexual orientation, sex (gender) and age.

Disciplinary and Anti-Bullying

We strive to ensure that our Club is a safe place for all involved – riders, coaches, leaders, parents and guardians and the wider club community. In this document you will find a list of behaviours and conduct that are deemed to be unacceptable and would be subject to our disciplinary process. You will also find details of the three-stage disciplinary process.

Club Kit

You can never have enough cycling gear! Our Club kit is supplied by Kalas. An online shop will be open several times per year and members will be notified by email when the shop will be opened and details for logging on to the Kalas website.

For any more details send an email to kit@stonehaven.bike.

Club Benefits

From time to time the club organises training courses such as group riding training, first aid courses and bike maintenance courses. These events are only open to club members and are often subsidised from Club funds.

As a member of Stonehaven Cycling Club you can get the following discounts. Just remember to take along your SCC Membership Card. Please check with the proprietor to confirm the discounts before booking or purchasing to avoid confusion or disappointment.

Bike Remedy

Discounts on accessories and clothing in the form of points

<https://www.bikeremedy.co.uk/>

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01569 763276

North East Sports Therapy

10% discount

<https://www.northeastsportstherapy.com/home>