



Get on your bike for Prostrate Cancer Research

Stonehaven Rotary Bike Ride

In Aid of Prostrate Cancer Research

20th August 2017 – at 9.00am

From Station Hotel

After the massive success of Rotary Ride for the past two years, we are excited to do it all again in 2017. Why not get on your bike and have some fun whilst helping Prostrate Cancer Research?

Rotary Ride is a national initiative taking place on Sunday 20th August 2017 in which Rotary clubs across Great Britain and Ireland will be hosting a range of cycle rides for all ages and abilities. We are inviting members of the public, just like you, to join one of your local clubs at their event and get peddling to help Rotary in its fight to eradicate polio worldwide.

The aim of the rides are to raise as much money for Prostrate Cancer Research, and there will be three types of events that you could organise:

- Fun ride – this is for all ages and abilities. This is an ideal way for amateurs, families and youngsters to get involved through an event that is fun for all.
- Enthusiasts – for the more established riders, give yourself a challenge by taking part in a long distance or cross-country ride.
- Static ride – you don't have to cycle the length or breadth of the country to take part, in fact you don't even need to go anywhere. A static ride involves jumping on an exercise bike and is a great way to work as part of a team by taking turns riding to a goal distance.

Why are we doing this?

Well not only is it a great way to help raise money to help treatment for Prostrate Cancer, a life threatening disease that affects men of all ages, it is also a fantastic way to get involved in your local community through teaming up with your local Rotary club.